



# Parenting Stress Index,<sup>™</sup> Fourth Edition

Short Form Interpretive Report

by Richard R. Abidin, EdD and PAR Staff

**- Respondent -**

Client name: B D  
Relationship to child: Mother (or female caretaker)  
Age: 36  
Birth date: 04/03/1976  
Ethnicity: (not specified)  
Marital status: Married

**- Child -**

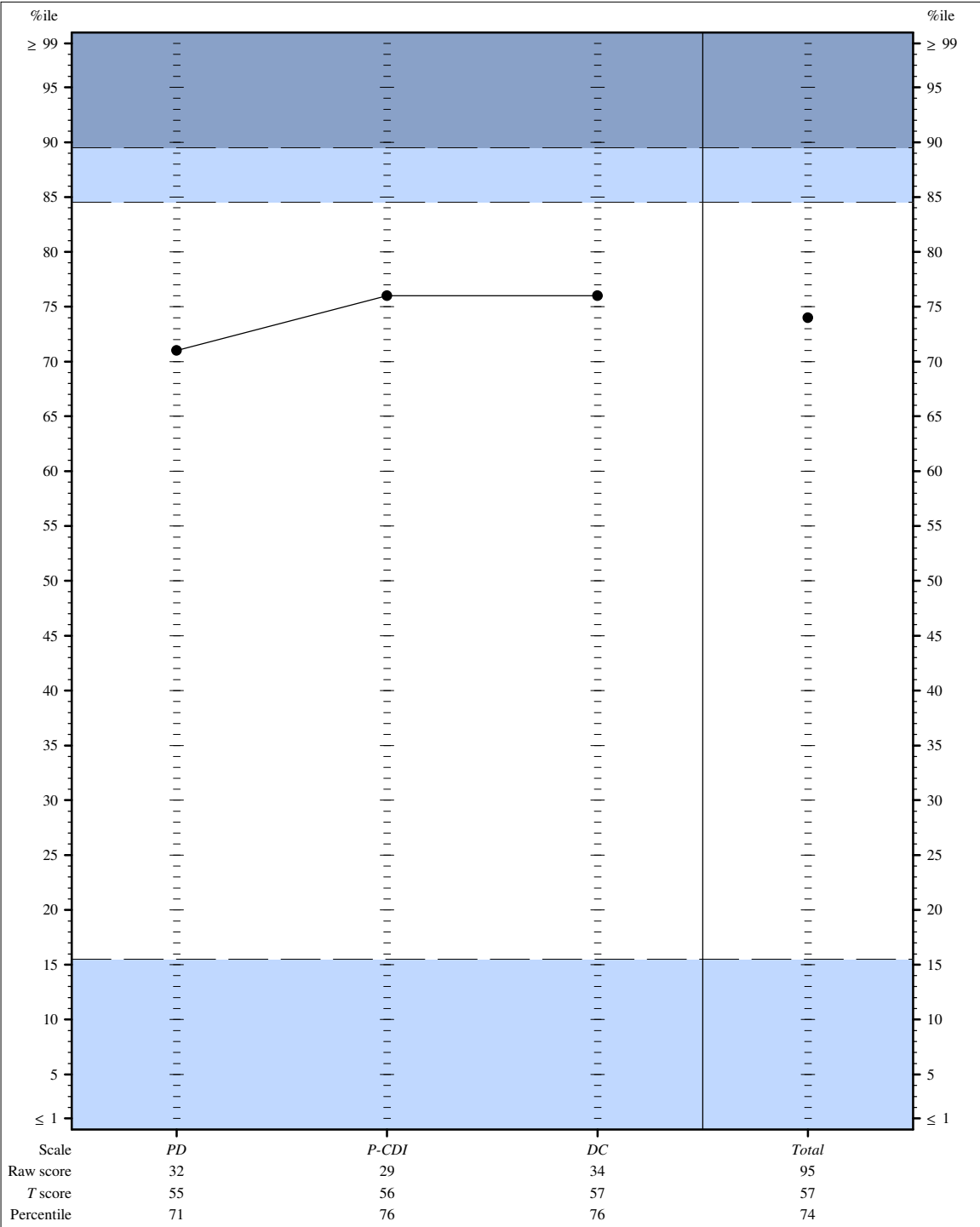
Name: Karen  
Age: 7  
Birth date: 03/07/2005  
Gender: Female

**- Testing Information -**

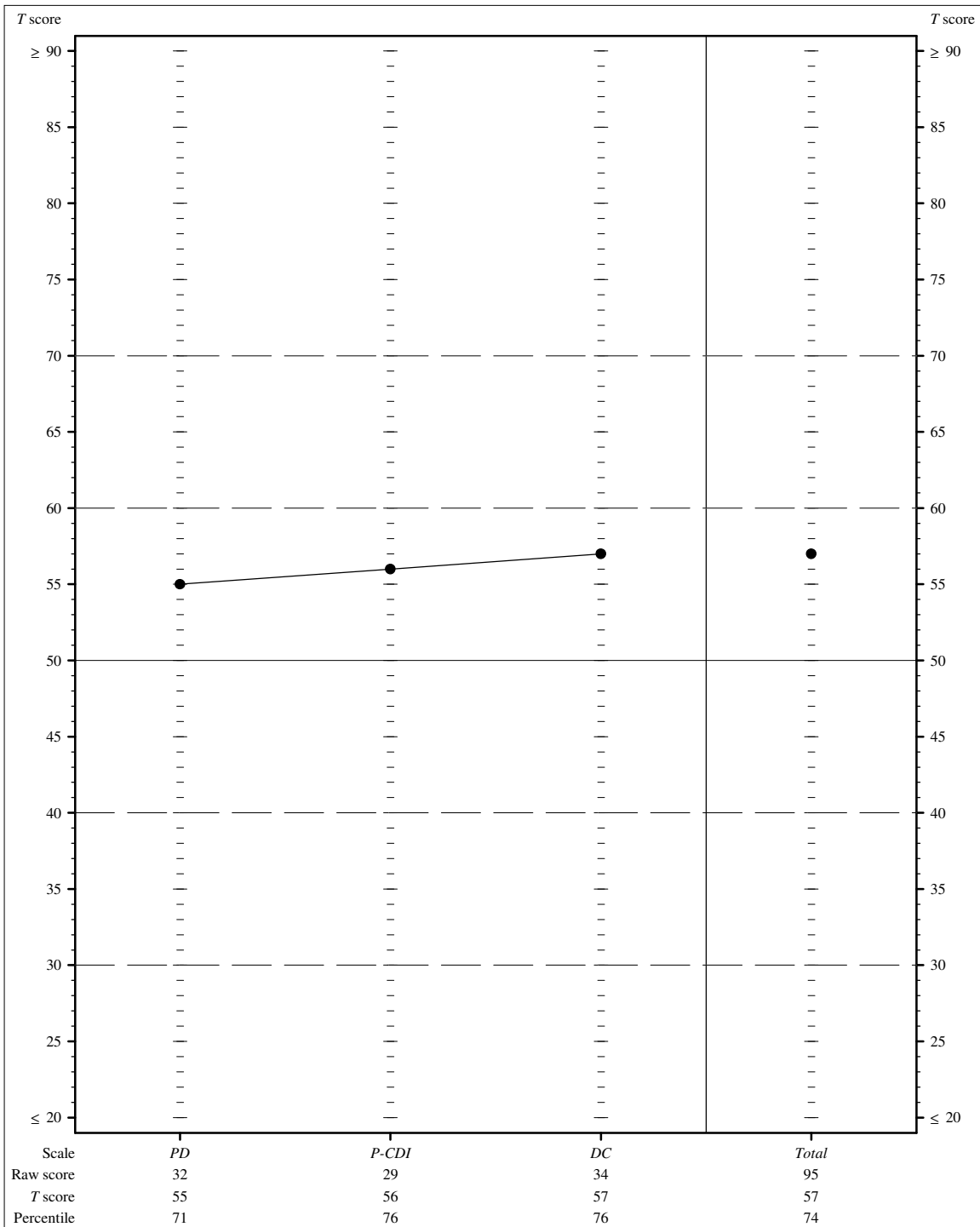
Test date: 01/07/2013

This report is intended for use by qualified professionals only and is not to be shared with the examinee or any other unqualified persons.

# PSI-4-SF Percentile Profile



# PSI-4-SF T-Score Profile



## PSI-4-SF Score Summary

Defensive Responding Score = 20.

*The Defensive Responding score is clinically significant when the raw score is 10 or lower.*

Scale	Raw score	Percentile <sup>a</sup>	T score
Total Stress	95	74	57
Parental Distress (PD)	32	71	55
Parent-Child Dysfunctional Interaction (P-CDI)	29	76	56
Difficult Child (DC)	34	76	57

<sup>a</sup> 16<sup>th</sup> – 84<sup>th</sup> Percentile = Normal range

85<sup>th</sup> – 89<sup>th</sup> Percentile = High range

90<sup>th</sup> Percentile or higher = Clinically significant range

## Interpretation of Protocol

### Defensive Responding

This appears to be a valid protocol.

### Total Score

The overall level of stress the parent is experiencing falls within the normal range.

### Parental Distress

This parent appears to be experiencing a normal degree of parenting distress as a function of her personal characteristics. The parent's personal adjustment to parenting does not appear to be a source of stress. Follow-up evaluation should be conducted regarding problems in this parent's relationship with her child's other parent.

**Parent-Child  
Dysfunctional  
Interaction**

The reported quality of the parent-child interactions for the most part falls within normal limits. The child largely meets the parent's expectations and the parent-child relationship is reported to be stable.

**Difficult Child**

This parent's perception of her child's behavioral characteristics suggests that her child's functioning is, for the most part, normal. Deviations from normal functioning are not perceived as excessively disruptive or destructive to the parent-child relationship.

**PSI-4-SF Item Responses**

Item	Response	Item	Response
1	D	19	D
2	A	20	SD
3	A	21	A
4	A	22	3
5	A	23	D
6	D	24	D
7	D	25	SD
8	A	26	D
9	D	27	A
10	SD	28	A
11	D	29	A
12	SD	30	SD
13	NS	31	A
14	D	32	3
15	D	33	2
16	D	34	A
17	A	35	NS
18	D	36	D

**\*\*\* End of Report \*\*\***

