

## Ways to INITIATE conversations

How do people actually start a conversation? Sometimes we do it without words. For example, we get our listener's attention by looking him or her in the eye. Sometimes we smile. Of course, we use words, too. We can break the ice and begin the conversation with a standard greeting like, "Hi!" and follow with an easy-to-answer opening question, such as "How are you?" or "What's new?"

After we greet someone, we might make a comment to get the conversation going. There are many ways to do this. For instance, we could pay someone a compliment, say something about what that person is doing or tell the other person something interesting about ourselves.

Consider how Emily gets off to a good start with Daniel:

Emily knows that saying something nice about Daniel's tower is the best way to get herself an invitation to play.



Children can learn different ways to initiate conversations. Let's take a closer look at how Emily does it, both with and without words:

#### **INITIATES WITH WORDS**

Emily gets her friend's attention by using a greeting word ("Hey") and then saying his name (Daniel). Next, she gives Daniel a compliment ("That's a cool tower").

## **INITIATES WITHOUT WORDS**

Emily stands near her friend, smiles and looks at him as she talks.

## **Ways to Initiate Conversations**

### **Without Words**

- > Use body actions, such as standing near the other person.
- > Look at the other person's face.
- > Smile at the other person.
- > Tap the other person on the shoulder.
  - ... and wait for a response.

#### With Words

- > Use a standard greeting.
- > Use the person's name.
- > Ask an easy-to-answer opening question, such as "How are you?"
- > Make a comment:
  - Give a compliment
  - Comment on what's happening
  - · Share some information
  - ... and wait for a response.

How does your child initiate conversation? Remember, the way your child initiates conversations with you and other adults can be very different from the way he initiates with other children. For example, he might say, "Hi! How are you?" to his grandmother but greet his friend with a high-five. We'll talk more about how children start conversations with other children in Chapter 10.

Using Conversation Checklist #1 below, decide how your child initiates conversation (or tries to initiate it).

MY CHILD STARTS A CONVERSATION BY:	WITH WORDS	NEVER	SOMETIMES	OFTEN	WITHOUT WORDS	NEVER	SOMETIMES	OFTEN
Getting someone's attention	Says the person's name	0	0	0	Stands near the person	0	0	0
					Looks at the person's face	$\bigcirc$	$\bigcirc$	0
					Taps the person on the shoulder	$\bigcirc$		0
Example of now my cm	ld gets someone's attention:							
		_						
Greeting someone	E.g., "Hi"	$\circ$		$\bigcirc$	Faces the person	$\bigcirc$		
					Faces the person Smiles at the person	0	0	0
Example of how my chi		0	0	0		0	0	0
Greeting someone  Example of how my chi  Asking an opening question	Id greets someone:  "Hi. How are you?"	_	0	0	Smiles at the person  Looks at the person and waits	0	0	0
Example of how my chi Asking an opening question	"Hi. How are you?"  "Hi. What's your name?"	0		$\circ$	Smiles at the person  Looks at the person and waits	0	0	0

Conversation Checklist #1 continued										
MY CHILD STARTS A CONVERSATION BY:	WITH WORDS	NEVER	SOMETIMES	OFTEN	WITHOUT WORDS	NEVER	SOMETIMES	OFTEN		
Talking about something that happened in the past	E.g., "I went to the zoo."	0	0	0	Looks at the person and then waits	0	0	0		
Example of what my child	d says/does:									
T. II	E a "I'm going to go				Looks at the person and					
	E.g., "I'm going to go to camp."	0			Looks at the person and and then waits					
Example of what my child	d says/does:									
Asking another about feelings, likes/dislikes	"Are you having fun?"	$\bigcirc$	$\bigcirc$	<u> </u>	Looks at the person and then waits			$\bigcirc$		
	"What do you like to play?"	0	0	0						
	d says/does:									



# Ways to CONTINUE conversations

Once we've broken the ice by saying hello and asking an easy-to-answer question or making a comment, we have to keep the conversation going. Continuing a conversation means each person takes turns, with and without words.

Sometimes a continuing turn might only be a "filler," something we say—like "uh-huh" or "mmm"—just to let the other person know we're listening or agreeing. Most of the time, we continue conversations by answering and asking questions, making comments and looking interested when the other person talks.

To keep a conversation going, speaker and listener must stay tuned in to one another so each can connect his turn to the one before.

On the next page, take a look at how James and his mother keep their conversation going.